



SOCCER NOVA SCOTIA PROVINCIAL PROGRAM

2017-18

What you need to know about the Soccer Nova Scotia Provincial Program

The Soccer Nova Scotia Provincial program aims to provide an elevated level of 11-aside competition for high performance players within Nova Scotia while teaching player development philosophies for the Canadian National Team and Vancouver Whitecaps. The end goal is to provide a clear player pathway for Nova Scotia players to be identified for National EXCEL programs, Canadian and US universities and colleges, and professional opportunities.

The 2017-18 Soccer Nova Scotia provincial program will operate as a mini 11-aside league that will develop players in a competitive and demanding environment alongside other technically advanced players. Players selected through the identification and selection process will be placed into balanced teams competing in two 11-aside games once a month during January, February, March and April.

What is included in the program?

- Eight 11-aside games officiated by referees
- Eight classroom sessions taking place prior to games. Sessions will help players identify and discover the game model, values, principles and competencies of the program based on Canada Soccer and Vancouver Whitecap philosophies
- Medical leads available at all games
- Access to Vidswap for video analysis of all eight games
- Two player feedback assessments
- Full Adidas uniform including blue jersey, white jersey, shorts and socks
 - Note, extra uniform needs, tracksuits and bags to be purchased and available via supplier. Players selected for travel will be required to purchase a tracksuit.

How are players identified/ selected?

Players are identified to attend the provincial program selection weekend in November based on their participation and achievement in the Nova Scotia Soccer League and previous achievement in the Soccer Nova Scotia provincial program. In the exception that a player is not playing in the NSSL, regional technical directors can make recommendations to the Soccer Nova Scotia technical department on a case by case basis. Following the November selection weekend the following players will be selected for each gender:

U13-U14 Division – 60 players selected creating 4 teams

U15-U17 Division - 60 players selected creating 4 teams



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What is the program timeline?

May to September – Players are scouted and identified in NSSL and Provincial Program competition

October – Identified players receive invitation to attend Identification and Selection Weekend

November – Identification and selection weekend

January to April – Provincial program mini 11-aside league begins

April – Players are chosen to Soccer NS travel teams

May – Training weekend for players selected to Soccer NS travel teams

May to July – Competition

What competition will players selected take part in?

U13 development team – U13 Atlantic Championships (July)

U13 team – U14 Atlantic Championships (July)

U14 team – U15 Atlantic Championships (June)

U15 team – U16 Atlantic Championships (June)

U16/U17 team – University/College Showcase (TBC, May-July)

What is the cost?

Identification and Selection Weekend – \$30

Provincial Program 11-aside league – \$425

Provincial Program Travel Competition – TBC based on event (*for those players selected*)

What coaching will players receive?

Players will receive coaching from certified, experienced and professional coaching leads with a minimum of B License Part 2 (National B) or B Licence Part 1 (Provincial B). The program will also mentor additional support staff with C License certified status.

Coaching staff will support players during the 11-aside game by stepping on to the field during live play. Coaches will deliver classroom sessions prior to each game, helping players to identify, support and discover the game model, values, principles and competencies of the program following Canada Soccer and Vancouver Whitecaps FC philosophies. Coaches will also provide directed video analysis for individual and team reflection via VidSwap.



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What feedback will players receive?

In addition to the on-field and pre and post-game feedback given by coaches each provincial program weekend, players will also receive feedback through formal evaluations and video analysis via VidSwap.

- *Global Coach Evaluations* – players will receive two formal feedback evaluations via the online player database Global Coach in February and in April. Players selected to take part in provincial team travel will receive an additional evaluation following the end of competition.
- *VidSwap* – Each game will be recorded and uploaded to VidSwap where players will have access to review all of their games. Coaches will provide specific individual and team analysis to help guide players through the video feedback process remotely. Coaches will also use video analysis during classroom sessions.

What will a typical provincial weekend look like?

Each weekend, teams will have one game at BMO Soccer Centre and one game at the East Hants Sportsplex with classroom sessions before at each respective building.

Example:

Saturday – BMO Soccer Centre

10:00am – Classroom session

11:30am – Warmup

11:45am – Kickoff

Sunday – East Hants Sportsplex

11:45 am – Classroom session

1:15 pm – Warmup

1:30 pm – Kickoff