

RESEARCH STUDY:

EVALUATION OF THE RESPECT IN SPORT ACTIVITY LEADER PROGRAM

You are invited to participate in a study conducted by researchers at the University of Toronto. This study is designed to gather opinions about the *Respect in Sport Activity Module*. Every 4 years, Respect Group updates the *Respect in Sport* program to ensure the content is current and that individuals completing *Respect in Sport* learn from and utilize the knowledge gained from completing the program.

Further information about the study and your rights as a participant is included in the following pages. Participation in this study is completely voluntary and your identity will remain anonymous.

If you choose to participate, here are the steps involved:



STEP 1: PRE-PROGRAM

Go to:

<https://redcap.fpeh.utoronto.ca/redcap/surveys/?s=RWKMJJEYCT>

to complete a short online survey about your expectations for the Respect in Sport Activity Leader program.

STEP 2: ACCESS THE RESPECT IN SPORT ACTIVITY LEADER PROGRAM

Program Access Instructions:

- Follow this link: <https://soccer-nova-scotia.respectgroupinc.com/>
- If you have an existing Activity Leader Program certificate, select "Already Certified?" and follow the prompts.
- If you have an existing profile in any other Respect Group program, select "New to this Program?" then "Look-Up".
- If this is your first time registering for a Respect Group Program, select "New to this Program?" followed by "Register". Complete registration.
- Select "Submit" at the bottom of the page. You will be requested to review and accept the Privacy policy.
- On the payment page, click "Enter Code" Pre-Registration Code: **UOFT-Q2Y6U2X**
- **If you complete the surveys and program before December 3rd, the cost of the program will be waived.**
- Once successfully logged in, you will default to the Home page. Select "Program Access" to view the modules.
- To re-access the program, return to the same URL indicated above and enter the username and password created during registration.

STEP 3: POST-PROGRAM SURVEY

Go to:

<https://redcap.fpeh.utoronto.ca/redcap/surveys/?s=8WJEIK898X>

to complete a short online survey about your opinions of the Respect in Sport Activity Leader program

*Please note there is an optional follow-up interview that we encourage you to participate in as well. At the end of the survey, you will be asked to provide an email for us to contact you with if you chose to participate.





UNIVERSITY OF TORONTO
FACULTY OF KINESIOLOGY & PHYSICAL EDUCATION

Research Study: Evaluation of the *Respect in Sport* Activity Leader Program
Letter of Information

Background

The purpose of this interview is to solicit your opinions about the Respect in Sport Activity Module. The Respect in Sport Activity Leader educational module is designed to help adults in sport create a safe, healthy, and positive environment for young people in sport. Every 4 years, Respect Group updates the Respect in Sport program to ensure the content is current to address the changing times and to ensure it provides value so that individuals completing Respect in Sport learn from and utilize the knowledge gained from completing the program.

As part of the current program update, researchers from the University of Toronto will be conducting an evaluation of the program, based on feedback from Soccer Nova Scotia.

Your Soccer Club has agreed to assist with this evaluation by asking activity leaders who have not previously completed Respect in Sport to participate in the evaluation while they are completing Respect in Sport for the first time.

What will your Involvement Entail?

Prior to completing the Respect in Sport Activity Leader Program, you will be asked to participate in a brief (about 15 minutes) on-line survey. After completing Respect in Sport on-line training, you will be sent another brief (about 15 minute) on-line survey. The purpose of these surveys is to ask for your opinions on what you learned from the program and what improvements you think should be made to the program in the future.

In appreciation for your willingness to participate in this evaluation, the normal \$30 fee to complete Respect in Sport, will be waived and there will be no cost for you to complete the program and receive your certification. The Respect in Sport program will have a record of your name for certification purposes but your identity will not be revealed to the research team.

In addition, the University of Toronto will be seeking volunteers who have completed the surveys and the Respect in Sport Training, to participate in a 15-minute phone interview with a researcher. The interview will be conducted at a time convenient to you. The purpose of the phone interview is to gather more detailed information on your reactions to the program and any recommendations you may have for improvements. Your identity will be known to the researchers for the purposes of contacting you but all identifiable information will be deleted immediately after the interview.

Is Participation Voluntary?

Your participation in both the survey and the interview is voluntary. Whether you participate or not will not affect your role as an activity leader within Soccer Nova Scotia. You may choose to participate in the survey and not the interview. Once you complete the survey, it will not be possible to withdraw your answers

as your identity will not be known. If you agree to be interviewed you may withdraw from the study at any time without penalty. Further, you may choose to decline from answering any questions you choose in the survey and in the interview. If you choose to participate in and complete the phone interview, you will be entered into a draw to win one of two \$50.00 VISA gift certificates.

What will Happen to the Information I Give?

The information you give from the surveys and the interview will be treated as confidential and will be reported in group form only. In other words, no individual data will be reported and no individuals will be named. All information you provide to the researchers will be kept anonymous and safely stored on an encrypted file on a password protected computer. Any hard copy notes will be kept securely stored in a locked file cabinet in the primary researcher's university office. Both Soccer Nova Scotia and Respect Group will know which individuals have received certification as required by Soccer Nova Scotia but neither group will know who has participated in the study.

The information provided by participants in this research project will be analyzed by the research team and shared with the Respect in Sport Group for the purposes of curriculum renewal. The Respect in Sport Group engages in regular reviews of their program content to ensure the information is relevant and accessible and your data will inform this process. The demographic data will be used primarily to better understand the respondent pool. The only demographic data that will be linked with the data is with respect to the level of sport coached (i.e. Recreational, Developmental/Select, or Competitive/Elite). This analysis is important because we want to know the extent to which the programme meets the educational needs of each level of coach. For example, we may learn that the content is appropriate for one level and not another and this information will be used to inform the curriculum revision process that Respect in Sport is undertaking.

What if I Have Questions?

If you have questions about the study or would like any further information, please feel free to contact Gretchen Kerr at Gretchen.kerr@utoronto.ca or at 416-978-7710.

Thank you for considering the request to participate in this important study.

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Respect Group Inc.